Clare & Gladwin Counties

Community Resource Guide



Resources assembled by:



Clare/Gladwin Counties — Community Resources 2023

Available at http://www.mclaren.org/mclaren-physician-partners/resources.aspx

2023

Clare/Gladwin Counties Community Resource Guide

[A guide to services in your community]

[TABLE OF CONTENTS]

Abuse & Protective Services	[1]
Adult Aging Services	[1-2]
Disability & Special Needs Resources	[2-3]
Emergency & Disaster Services	[3]
Financial Assistance	[3]
Food Pantries, Clothing & Household Assistance	[3-4]
Healthcare Services	[4-7]
Housing Assistance	[7]
Legal Assistance	[8]
Libraries	[8]
Parenting & Pregnancy Resources	[8]
Support Groups	[8-9]
Transportation	[9]
Tribal Services	[9]
Veterans Affairs	[9]



ABUSE & PROTECTIVE SERVICES

Community Resource	Phone	County
For Emergency Call	911	Clare/
		Gladwin
Children & Adult	(855) 444-3911	Clare/
Protective Services (CPS)		Gladwin
Common Ground	(800) 231-1127	Clare/
Crisis Line		Gladwin
Crisis Hotline	TEXT Reason	Clare/
	to 741741	Gladwin
Equality Michigan	(313) 537-7000	Clare/
		Gladwin
Faith Trust Institute	(206) 634-1903	Clare/
		Gladwin
HAVEN Crisis Line	(877) 922-1274	Clare/
		Gladwin
Help@humantrafficking	ghotline.org	
https://13reasonswhy.info	<u>o/</u>	
Human Trafficking	(888) 373-7888	Clare/
Hotline		Gladwin
LGBT Hotline The	(866) 488-7386	Clare/
Trevor Project		Gladwin
Love Is Respect	(866) 331-9474	Clare/
Hotline		Gladwin
Michigan Coalition to	(517) 347-7000	Clare/
End Domestic &		Gladwin
Sexual Violence		
(MCEDSV)		

/ / in / in /
/ in / in /
in / in /
/ in /
n /
/
in
a
t
/
in
/
in
/
in
/
n
/
'n
/
n
/ ii / ii / ii /

ADULT AGING SERVICES

Community Resource	Phone	County
Alternatives for Seniors	(800) 350-0770	Clare/
		Gladwin
Antler Senior Center	(989) 426-6951	Gladwin
Area on Aging	(989) 893-4506	Clare/
		Gladwin
Beaverton Community	(989) 435-4104	Gladwin
Center		
Billings Senior Dining	(989) 435-8430	Gladwin
Center		
Clare County Meals on	(989) 539-8870	Clare
Wheels		
Crisis Services for the	(517) 483-7205	Gladwin
Elderly		
Dept of Health &	(989) 426-3300	Gladwin
Human Services		
Dept of Health &	(989) 539-4260	Clare
Human Services		

DHS Aging www.hhs.gov/aging	(877) 696-6775	Clare/ Gladwin
Elder Law of MI	(866) 400-9164	Clare/ Gladwin
HAP Senior Plus	(800) 868-3153	Clare/ Gladwin
Horizon Senior Living	(989) 246-1000	Gladwin
McLaren Home Care	(866) 323-5974	Clare/ Gladwin
Meals on Wheels	(800) 632-7334	Clare/ Gladwin
Medicare	(800) 633-4227	Clare/ Gladwin
Medicare/ Medicaid Assistance Program (MMAP)	(800) 803-7174	Clare/ Gladwin
Region VII Area Agency on Aging	(989) 893-4506	Gladwin
Senior Community Center	(989) 588-4669	Clare
Senior Services	(989) 539-8870	Clare
Social Security Administration	(800) 772-1213	Clare/ Gladwin

Assisted Living

A 10010 CCG EIVIII B		
Community Resource	Phone	County
Americana Seniors of	(989) 386-7524	Clare
Clare		
Gladwin Nursing &	(989) 426-7275	Gladwin
Rehabilitation		
Gladwin Pines Nursing	(989) 426-3430	Gladwin
& Rehab Center		
Horizon Senior Living	(989) 386-4900	Clare
The Brook of Gladwin	(989) 426-8700	Gladwin
The Horizon Senior	(989) 246-1000	Gladwin
Living		
The Horizon Senior	(989) 246-0250	Gladwin
Living VI		

DISABILITY & SPECIAL NEEDS RESOURCES

Community Resource	Phone	County
Autism Society of MI	(800) 328-8476	Clare/
		Gladwin

Braille Institute of	(800) 272-4553	Clare/
America	(800) 272-4333	Gladwin
Children's Special	(800) 359-3722	Clare/
Healthcare Services	(000) 333 3722	Gladwin
Clare Co Dept or	(989) 539-4260	Clare
Health & Human	(303) 333 1200	Ciai C
Services		
Disability Network	(800) 782-4160	Clare/
	(000)	Gladwin
Family Center for	(800) 359-3722	Clare
Children & Youth with	,	
Special Health Care		
Needs		
GiGi's Playhouse	(847) 885-6149	Clare/
(Down Syndrome		Gladwin
Resources)		
Medicare/Medicaid	(800) 803-7174	Clare/
Assistance Program		Gladwin
Michigan Alliance for	(800) 552-4821	Clare/
Families		Gladwin
Michigan Commission	(800) 292-4200	Clare/
for the Blind		Gladwin
Michigan Commission	(517) 507-5223	Clare/
for the Deaf		Gladwin
Michigan Department	(800) 482-3604	Clare/
of Civil Rights	(000) 000 000	Gladwin
Michigan Department	(888) 320-8384	Clare/
of Education-Office of		Gladwin
Special Education-		
Lansing MI Michigan Disability	(800) 578-1269	Clare/
Rights Coalition	(800) 378-1209	Gladwin
Michigan	(517) 335-2400	Clare
Rehabilitation Services	(317) 333 2400	Clarc
Michigan	(517) 483-2826	Gladwin
Rehabilitation Services	(317) 103 2020	Giddiviii
Mid-Michigan	(989) 426-2801	Gladwin
Community Action	(655) 125 252	
MidMichigan	(800) 782-4160	Clare
Disability Network	,	
Muscular Dystrophy	(800) 572-1717	Clare/
Association		Gladwin
National Down	(800) 221-4602	Clare/
Syndrome Society		Gladwin
Paralyzed Veterans of	(800) 638-6782	Clare/
America		Gladwin

Relay Center for	7-1-1	Clare/
Deaf/Hard of Hearing		Gladwin
Social Security	(800) 772-1213	Clare/
Administration		Gladwin
Social Security	(800) 772-1213	Clare/
Administration		Gladwin
State of MI Division on	(877) 499-6232	Clare/
Deaf, Blind & Hard of		Gladwin
Hearing		
The Family Center for	(800) 359-3722	Clare/
Children and Youth		Gladwin
with Healthcare		
Needs		
United Cerebral Palsy	(800) 828-2714	Clare/
of MI		Gladwin
Vocational	(800) 605-6722	Clare/
Rehabilitation		Gladwin
Michigan Campusiasian		
Michigan Commission		

EMERGENCY & DISASTER SERVICES

Community Resource	Phone	County
Ambulance, Fire and	911	Clare/
Police		Gladwin
American Red Cross	(800) 733-2767	Clare/
		Gladwin
American Red Cross of	(231) 947-7286	Clare/
Northwest Michigan		Gladwin
Butman Twp Fire	(989) 246-0960	Gladwin
Department		
Center for Disease	(800) 232-4636	Clare/
Control & Prevention		Gladwin
(CDC)		
Clare City Fire Dept	(989) 386-2151	Clare
Garfield Twp Fire Dept	(989) 741-3794	Clare
Gladwin Fire Dept	(989) 426-4061	Gladwin
Harrison City Fire Dept	(989) 539-3617	Clare
Lincoln Twp Fire Dept	(989) 588-9402	Clare
Nester Twp Fire Dept	(989) 426-4791	Gladwin
Poison Control	(800) 222-1222	Clare/
		Gladwin
Surry Fire Dept	(989)588-6914	Clare

FINANCIAL ASS	ISTANCE
----------------------	---------

Community Resource	Phone	County
Clare Co Dept of	(989) 539-4260	Clare
Health & Human		
Services		
Gladwin Co Dept of	(989) 426-3300	Gladwin
Health & Human		
Services		
MidMichigan	(989) 386-3805	Clare/
Community Action		Gladwin
Agency		
MSHDA: Step Forward	(855) 646-7432	Clare/
		Gladwin
Salvation Army	(989) 773-4663	Clare
EMPLOYMENT ASSISTANCE		

Community Resource	Phone	County
Clare Co Dept of	(989) 539-4260	Clare
Health & Human		
Services		
Michigan Council of	(517) 483-2826	Clare/
Rehabilitation		Gladwin
Michigan Indian	(800) 591-8820	Clare/
Employment and		Gladwin
Training Services		
Michigan Veterans	(800) 642-4838	Clare/
Affairs Agency		Gladwin
Michigan Works!	(989) 426-8571	Gladwin
Michigan Works!	(989) 539-2173	Clare
Mid-Michigan	(989) 426-2801	Gladwin
Community Action		
Unemployment Office	(866) 500-0017	Clare/
Hotline		Gladwin

FOOD PANTRIES, CLOTHING, & HOUSEHOLD ASSISTANCE

Community Resource	Phone	County
American Red Cross	(800) 733-2767	Clare/
		Gladwin
Area on Aging	(989) 893-4506	Clare/
		Gladwin
Cedar River Chapel	(989) 435-2651	Gladwin
Clare County Meals on	(989) 539-8870	Clare
Wheels		

Clare Seventh Day	(989) 386-6920	Clare
Adventist Church		
Community Nutrition	(989) 539-1445	Clare
Network - The		
Gathering United		
Methodist Church		
Dept of Health &	(989) 426-3300	Gladwin
Human Services		
Dept of Health &	(989) 539-4260	Clare
Human Services		
Food Bank Council of M	lichigan:	
www.fbmich.org/res	ources/find-a-foo	<u>d-bank</u>
Gladwin City Housing	(989) 426-5721	Gladwin
Commission		
Gladwin County	(989) 426-5450	Gladwin
Council on Aging -		
Meals on Wheels		
Helping Hands	(989) 435-9979	Gladwin
Mission		
Mid-Michigan	(989) 386-3805	Clare
Community Action		
Mid-Michigan	(989) 426-2801	Gladwin
Community Action		
Sacred Heart Mission	(989) 426-4661	Gladwin
Salvation Army	(989) 773-4663	Clare
WIC - Pregnant &	(800) 942-1636	Clare/
Breastfeeding		Gladwin
Women, Infants,		
children		

HEALTHCARE SERVICES

Community Resource	Phone	County
Center for Disease Control and Prevention	(800) 232-4636	Clare/ Gladwin
Children's Special Healthcare Services	(800) 359-3722	Clare/ Gladwin
Michigan HIV/STD Hotline	(800) 872-2437	Clare/ Gladwin
Veteran Affairs	(844) 698-2311	Clare/ Gladwin

Clinics	& H	<u>ospitals</u>
----------------	-----	-----------------

Clinics & Hospitals			
Community Resource	Phone	County	
Alpha Chiropractic Clinic	(989) 386-3838	Clare	
Benchley Chiropractic Clinic	(989) 386-2384	Clare	
Bratton Clinic	(989) 426-3689	Gladwin	
Gladwin Family Care	(989) 709-5515	Gladwin	
Infusion Center @ Mid-Michigan Medical Center –Clare	(989) 802-8805	Clare	
Karmanos Cancer Institute	(800) 527-6266	Clare/ Gladwin	
McLaren Bay Region Hospital	(989) 894-3000	Clare/ Gladwin	
McLaren Bay Region- Gladwin Family Medicine	(989) 426-0810	Clare/ Gladwin	
McLaren Central – Clare Family Practice	(989) 386-8170	Clare	
McLaren Central Michigan Hospital	(800) 671-1453	Clare/ Gladwin	
McLaren Central Outpatient Rehab	(989) 779-5604	Clare/ Gladwin	
McLaren Home Care	(866) 323-5974	Clare/ Gladwin	
Mid-Michigan Health Park	(989) 539-4434	Clare/ Gladwin	

Dental Resources

Community Resource	Phone	County
Austin & Austin DDS	(989) 386-7021	Clare
Beaverton Family	(989) 435-7734	Gladwin
Dentistry		
Central MI	(989) 386-9570	Clare
Orthodontics		
Children's Mobile	(989) 921-4393	Gladwin
Dental Program of		
Great Lakes Bay		
Health (Sept – June)		
Dental Emergency	(800) 336-8478	Clare
Hotline		
Dental Hygiene Health	(989) 385-5174	Clare
Services		
Dental Lifeline	(303) 534-5360	Gladwin
Network		

(989) 588-4121	Clare
(989) 426-6581	Gladwin
(989) 630-0760	Clare
(800) 482-8915	Clare
(989) 386-3211	Clare
(989) 426-4597	Gladwin
(989) 539-2146	Clare
(888) 988-6300	Clare
(517) 346-9454	Gladwin
	/Clare
(989) 426-6341	Gladwin
(248) 809-6398	Gladwin
	(989) 426-6581 (989) 630-0760 (800) 482-8915 (989) 386-3211 (989) 426-4597 (989) 539-2146 (888) 988-6300 (517) 346-9454 (989) 426-6341

Hearing Assistance

Community Resource	Phone	County
Beltone Hearing Aids	(866) 521-7164	Clare
Central Michigan	(989) 774-3904	Clare
University Audiology		
Clinic		
Hearing Life	(989) 359-3254	Gladwin
Michigan Relay Center	7-1-1	Clare/
for Deaf/Hard of		Gladwin
Hearing		
Northeastern	(989) 359-0050	Gladwin
Michigan Hearing Aids		

Medical Equipment & Loan Closets

Community Resource	Phone	County
Adaptive	(800) 355-5438	Clare/
Environments-Home		Gladwin
Lifting Systems		
ALS of Michigan	(800) 882-5764	Clare/
Equipment		Gladwin
GiGi's Playhouse	(847) 885-6149	Gladwin
Home Health: Mid-	(989) 802-5010	Clare
Michigan Home Care		
It's You Babe, LLC –	(877) 661-9682	Clare
Lake (pregnancy		

support garments for		
women)		
Michigan Assistive	(800) 828-2714	Clare/
Technology Loan Fund		Gladwin
Michigan CPAP Bank	(734) 232-3964	Gladwin
Michigan Disability	(800) 578-1269	Clare
Rights Coalition		
Muscular Dystrophy	(800) 572-1717	Clare/
Association		Gladwin
One-Drop Diabetes	(800) 437-1474	Clare/
Support & Supplies		Gladwin
(http://onedrop.today)		
Paralyzed Veterans of	(800) 638-6782	Clare/
America- MI		Gladwin
Paralyzed Veterans of	(800) 638-6782	Clare/
America- MI.		Gladwin
The National	(410) 659-9314	Clare/
Federation of the Blind		Gladwin
United Cerebral Palsy	(800) 872-5827	Clare/
Michigan		Gladwin

Mental Health & Counseling Services

iviental fleatiff & counseling services			
Community Resource	Phone	County	
Access Alliance	(800) 448-5498	Clare/	
		Gladwin	
Boys Town National	(800) 448-3000	Clare/	
Hotline		Gladwin	
Common Ground	(800) 231-1127	Clare/	
Crisis Line		Gladwin	
Community Mental	(989) 539-2141	Clare	
Health			
Community Mental	(800) 317-0708	Gladwin	
Health for Central		/Clare	
Michigan			
Community Mental	(989) 426-9295	Gladwin	
Health Local			
Fachting Counseling	(989) 386-8166	Clare	
Services			
Listening Ear Crisis	(989) 386-2774	Clare	
Line			
Narcotics Anonymous	(800) 230-4085	Clare/	
24/7		Gladwin	
National Alliance on	(800) 950-6264	Clare/	
Mental Illness		Gladwin	
National Council on	(800) 622-2255	Clare/	
Alcoholism and Drug		Gladwin	
Dependence (NCADD)			

		_
National Domestic &	(800) 799-7233	Clare/
Sexual Violence		Gladwin
Helpline		
National Human	(888) 373-7888	Clare/
Trafficking Resource		Gladwin
Center		
North Haven	(989) 386-4899	Clare/
Counseling Services		Gladwin
Problem Gambling	(800) 270-7117	Clare/
Helpline 24-Hours, 7-		Gladwin
days		
RAINN (Rape & Incest	(800) 656-4673	Clare/
National Network)		Gladwin
Stop It Now! Hotline	(888) 773-8368	Clare/
		Gladwin
Substance Abuse	(800) 662-4357	Clare/
Hotline		Gladwin
Suicide Prevention	(800) 273-8255	Clare/
		Gladwin
Ten Sixteen Recovery	(989) 802-0742	Clare
Network		

Pharmacies & Prescription Assistance

Community Resource	Phone	County
Eagle Pharmacy	(989) 588-2900	Clare
Elder Prescription	(866) 755-6479	Clare
Insurance Program		
Family Fare	(989) 539-0584	Clare
Pharmacy		
Family Fare	(989) 426-8608	Gladwin
Pharmacy - Gladwin		
Gateway Pharmacy	(989) 386-2900	Clare
LifeSource Direct Rx	(866) 340-4748	Clare/
Discount Card-		Gladwin
Uninsured/		
Underinsured		
Medicine Shoppe	(989) 426-4595	Gladwin
Michigan's	(866) 755-6479	Clare/
Prescription Drug		Gladwin
Discount Card- miRx		
MiRx Discount Card	(866) 755-6479	Clare/
		Gladwin

MMAP	(800) 803-7174	Clare/ Gladwin
NeedyMeds	(800) 503-6897	Clare/ Gladwin
Partnership for Prescription Assistance	www.pparx.org	Clare/ Gladwin
Rite Aid (Beaverton)Pharmacy	(989) 435-7778	Gladwin
Rite Aid Pharmacy	(989) 426-1170	Gladwin
Rite Aid Pharmacy	(989) 539-4380	Clare
Rite Aid Pharmacy	(989) 588-2599	Clare
RX Outreach	(800) 769-3880	Clare/ Gladwin
RxAssist www.rxassist.org	(888) 477-2669	Clare/ Gladwin
US Med	(877) 840-8218	Clare/ Gladwin
Walgreen's	(989) 386-6197	Clare

Rehabilitation

Community Resource	Phone	County
Evergreen Physical	(989) 386-9170	Clare/
Therapy	(989) 246-2311	Gladwin
MidMichigan	(989) 435-3315	Gladwin
Rehabilitation Services		
Rehabilitation Services-	(989) 802-5167	Clare
Clare		
Rehabilitation Services-	(989) 539-8701	Clare
Harrison		
Sport Summit Physical	(989) 424-6088	Clare
Therapy		

Substance Abuse

Community Resource	Phone	County
Alcoholics Anonymous	(800) 356-9996	Clare/ Gladwin
CDC Hotline	(800) 232-4636	Clare/ Gladwin
Community Mental Health	(989) 772-5938	Gladwin

Narcotics Anonymous	(800) 230-4085	Clare/
(NA) Hotline		Gladwin
National Council of	(800) 622-2255	Clare/
Alcoholism and Drug		Gladwin
Dependence (NCADD)		
NMSAS Recovery Center	(989) 732-1791	Clare
SAMHSA Hotline	(800) 662-4357	Clare/
		Gladwin
SEMCA	(800) 686-6543	Clare/
		Gladwin
Substance Abuse	(800) 662-4357	Clare/
Hotline		Gladwin
Substance Use	(800) 834-3393	Clare/
Treatment Services 24-		Gladwin
hours, 7-days- referral		
to treatment		

Ur	gen	it (Cai	re
----	-----	------	-----	----

Community Resource	Phone	County	
	(000) 770 1100	01	
McLaren Central	(989) 773-1166	Clare	
Michigan – ReadyCare			
Walk-In Clinic			
MidMichigan Medical	(989) 246-3500	Gladwin	
Center Beaverton			
MidMichigan Urgent	(989) 246-9430	Gladwin	
Care			
MyMichigan Health	(989) 426-9286	Gladwin	
Gladwin			
Urgent Care and	(989) 386-9911	Clare	
Occupational Health:			
MidMichigan Urgent			
	•	•	

Vision Resources

Community Resource	Phone	County
Alan Scott, OD & Sarah	(989) 386-2111	Clare
M. Trommater, OD		
Gladwin Eye Care	(989) 426-4550	Gladwin
Gladwin Optometric	(989) 426-8272	Gladwin
Center		
Harrison Eye Care, PLC	(989) 539-2020	Clare
John A. Finn, OD	(989) 386-3401	Clare
Lions Club District	(989) 465-6482	Clare
Michigan Commission	(800) 292-4200	Clare/
for the Blind		Gladwin
National Eye Institute	(301) 496-5248	Clare/
		Gladwin

Thomas V. Claringbold	(989) 802-8811	Clare
II, DO		

HOUSING ASSISTANCE

Community Resource	Phone	County
Action Agency	(800) 443-5518	Clare/
		Gladwin
American Red Cross	(800) 733-2767	Clare/
		Gladwin
Area on Aging	(989) 893-4506	Clare/
		Gladwin
Heat & Warmth Fund	(800) 866-8429	Clare/
		Gladwin
HUD Rental Assistance	(800) 569-4287	Clare/
		Gladwin
MI Coalition against	(517) 485-6536	Gladwin
Homelessness-		
Statewide		
Organization		
MSHDA Housing	(855) 646-7432	Clare/
Development		Gladwin
MSHDA: Step Forward	(855) 646-7432	Clare/
		Gladwin

Emergency Shelters & Warming Centers

Community Resource	Phone	County
American Red Cross	(800) 733-2767	Clare/
		Gladwin
Habitat for Humanity	(989) 426-3078	Gladwin
Habitat for Humanity	(989) 539-2481	Clare
Listening Ear	(989) 386-2774	Clare
Transitional Living		
Mid-Michigan	(989) 386-3805	Clare
Community Action		
Agency		
MSHDA: Step Forward	(855) 646-7432	Clare/
		Gladwin
New Dawn Shelter	(989) 709-6089	Gladwin
Sacred Heart Mission	(989) 426-4661	Gladwin
Shelterhouse	(989) 426-9413	Gladwin
United Way	(989) 386-6015	Clare
Women's Aid Service	(844) 349-6177	Clare
of Mt Pleasant		
(counseling &		
emergency shelter)		

LEGAL ASSISTANCE

<u> </u>		
Community Resource	Phone	County
Center For Civil Justice	(800) 724-7441	Clare/
		Gladwin
Council and Advocacy	(888) 783-8190	Clare/
Law Line		Gladwin
Disability Rights of	(517) 487-1755	Clare/
Michigan		Gladwin
Legal Services of	(800) 322-4512	Clare/
Eastern Michigan		Gladwin
Michigan Department	(517) 335-3165	Clare/
of Civil Rights		Gladwin
Michigan Indian Legal	(231) 947-0122	Clare/
Services		Gladwin
Michigan Senior Legal	(866) 400-9164	Clare/
Hotline		Gladwin
Social Security	(800) 772-1213	Clare/
Administration		Gladwin

LIBRARIES

Community Resource	Phone	County
Beaverton	(989) 435-3981	Gladwin
Gladwin	(989) 426-8221	Gladwin
Harrison District	(989) 539-6711	Clare
Library		
Pere Marquette	(989) 386-7576	Clare
District Library		
Surrey Township Public	(989) 588-9782	Clare
Library		

PARENTING/PREGNANCY RESOURCES

Community Resource	Phone	County
24-Hour Crisis Line	(800) 275-1995	Clare/ Gladwin
Child Safety Seat Inspection	(866) Seat- Check	Clare/ Gladwin
Family Center for Children and Youth with Special Health Care Needs	(800) 359-3722	Clare/ Gladwin
LA LECHE	(800) 525-3243	Clare/ Gladwin

WIC	(800) 942-1636	Clare/
		Gladwin
Woman's Resource	(231) 347-0082	Clare/
Center		Gladwin
Women's Health	(800) 994-9662	Clare/
Resource Line		Gladwin

SUPPORT GROUPS

Community Resource	Phone	County
ALS of Michigan	(800) 882-5764	Clare/
0	,	Gladwin
Alzheimer's	(800) 272-3900	Clare/
Association and		Gladwin
Helpline		
Area on Aging	(989) 893-4506	Clare/
		Gladwin
Autism Society of MI	(800) 328-8476	Clare/
	(0==) 000 0010	Gladwin
Compassionate	(877) 969-0010	Clare/
Friends (Parent's Grief Group)		Gladwin
Epilepsy Foundation of	(800) 377-6226	Clare/
Michigan		Gladwin
Equality Michigan	(313) 537-7000	Clare/
		Gladwin
Haven Crisis Line	(877) 922-1274	Clare/
		Gladwin
Love is Respect Hotline	(866) 331-9474	Clare/
	(222) 222 4225	Gladwin
Narcotics Anonymous	(800) 230-4085	Clare/
24/7	(900) 622 2255	Gladwin
National Council on Alcoholism & Drug	(800) 622-2255	Clare/ Gladwin
Dependence (NCADD)		Gladwiii
National Domestic &	(800) 799-7233	Clare/
Sexual Violence	(000) 733 7233	Gladwin
Helpline		
National Human	(888) 373-7888	Clare/
Trafficking Resource	,	Gladwin
Center		
Parkinson's	(800) 852-9781	Clare/
		Gladwin
Problem Gambling	(800) 270-7117	Clare/
Help Line		Gladwin
RAINN (Rape & Incest	(800) 656-4673	Clare/
National Network)		Gladwin

(888) 773-8368	Clare/
	Gladwin
(800) 662-4357	Clare/
	Gladwin
(800) 273-8255	Clare/
	Gladwin
(800) 942-1636	Clare/
	Gladwin
(800) 994-9662	Clare/
	Gladwin
	(800) 662-4357 (800) 273-8255 (800) 942-1636

TDA	NSP	OPT	ΛΤΙ	\mathbf{O} NI
	NIJE	UIV I	~ 1 1	\mathbf{v}

Community Resource	Phone	County
American Cancer	(800) 227-2345	Clare/
Society Road to		Gladwin
Recovery		
Area on Aging	(989) 893-4506	Clare/
		Gladwin
Auto Safety Hotline	(888) 327-4236	Clare/
		Gladwin
Child Safety Seat	(866) Seat-	Clare/
Inspection	Check	Gladwin
Clare County Transit	(989) 539-1473	Clare
Corp.		
Clare Municipal Airport	(989) 386-0445	Clare
Commission on Aging	(989) 348-7123	Clare/
and Senior Center		Gladwin
Gladwin City-County	(989) 426-6514	Gladwin
Transit		
Greyhound/Marathon	(989) 386-2276	Clare
Holt Transportation	(989) 860-1004	Clare
Karmanos Cancer	(800) 527-6266	Clare/
Institute		Gladwin
Myride 2	(855) 697-4332	Clare
Transportation	(989) 348-5409	Clare/
Authority		Gladwin

TRIBAL SERVICES

Community Resource	Phone	County
Department of Civil	(517) 335-3165	Clare/
Rights		Gladwin
MDHHS Native	(517) 335-7782	Clare/
American Affairs Office		Gladwin

Michigan Indian	(800) 591-8820	Clare/
Employment and		Gladwin
Training Services		
Michigan Indian Legal	(231) 947-0122	Clare/
Services		Gladwin
Michigan Indian	(517) 241-7748	Clare/
Tuition Wavier		Gladwin
Saginaw Chippewa	(989) 775-4000	Clare
Indian Tribe		
U.S. Office of Indian	(202) 260-3774	Clare/
Education		Gladwin

VETERANS AFFAIRS

Community Resource	Phone	County
American Legion	(313) 964-6640	Clare/
		Gladwin
Area on Aging	(989) 893-4506	Clare/
		Gladwin
CHAMPVA	(800) 733-8387	Clare/
		Gladwin
Clare County Veterans Affairs	(989) 539-3273	Clare
Disabled American	(877) 426-2838	Clare/
Veterans		Gladwin
Gladwin Veterans Affairs	(989) 426-4891	Gladwin
Michigan Veterans	(800) 642-4838	Clare/
Affairs		Gladwin
Michigan Veterans	(517) 284-5299	Clare/
Trust Fund		Gladwin
Paralyzed Veterans of	(800) 638-6782	Clare/
America		Gladwin
Veteran Affairs	(844) 698-2311	Clare/
		Gladwin
Veteran's Crisis Line	(800) 273-8255	Clare/
		Gladwin
Veterans	(800) 827-1000	Clare/
Administration		Gladwin
Veterans of Foreign	(313) 964-6510	Clare/
Wars		Gladwin
Wounded Warrior	(877) 832-6997	Clare/
Resource Center		Gladwin

IS IT AN EMERGENCY?

Clinic Name:	Office Phone:
AFTER HOURS Phone Number:	
Our Preferred Urgent Care:	

Non-Urgent:

You should make an appointment with your <u>Primary Care</u> <u>Physician</u>

- Cold/Flu
 Symptoms
- Earaches
- Mild Backaches
- Mild Sprains
- Rashes
- Sore Throat/Cough
- Toothaches

<u>TeleHealth</u>

(Virtual Visits) Primary Care via Telehealth

- Allergies
- Bronchitis
- · Colds and Flus
- COVID Symptoms
- Earache
- Headache
- Hives
- Insect Bites
- Pink Eye
- Rashes
- Sinusitis

Semi-Urgent:

Needs Medical Care and can wait a few hours. You should contact your <u>Primary Care</u> <u>Physician</u> and/or go to Urgent Care Facility for treatment

- Accidents and Falls
- Moderate Sprains
- Moderate Backaches
- Mild Breathing Difficulty (i.e. Asthma)
- Minor Cuts with Controlled Bleeding
- Eve
- Irritation/Redness
- Cold/Flu Symptoms WITH fever
- Vomiting/Diarrhea with Dehydration
- Severe Sore Throat or Cough
- Minor Broken Bones or Fractures (fingers/toes)
- Skin Rashes and Infections
- Urinary Tract Infections
- Minor Injuries
- Minor Burns

Urgent:

You should go to your nearest Hospital Emergency Department

- Severe Chest Pain or Difficulty Breathing
- Compound Fracture (bone protrudes through skin)
- Convulsions/Seizures
- Loss of Consciousness
- Fever in Newborn (less than 3 months old)
- Heavy, Uncontrollable Bleeding
- Deep Knife or Gunshot
 Wounds
- Moderate to Severe Burns
- Poisoning
- Serious Head/Neck or Back Injury
- Pregnancy-Related Problems
- Severe Abdominal Pain
- Signs of Heart Attack (chest pain lasting longer than 2 minutes)
- Signs of Stroke (loss of vision, sudden numbness, weakness, slurred speech or confusion)
- Suicidal or Homicidal Thoughts/Feelings
- Vomiting up Blood

If your provider does not offer Telehealth visits, consider using the <u>McLaren Now App</u> mclaren.org/mclarennow

When in doubt, patients who feel their symptoms require immediate medical attention may choose to go to a hospital emergency department, where medical professionals can determine which level of care is required.